

Edo Japan strives to provide allergen and ingredient information that is as complete and accurate as possible. It is impossible however, to guarantee that our products have not come into contact with or contain peanuts, nuts or other allergens. No warranty is expressed or implied regarding the accuracy of the information provided. The Allergen and Ingredient information provided is based on standard meal recipe ingredients. Ingredient variations/substitutions may occur and recipes may change from time to time. The information provided in this guide reflects ingredient and nutritional information for products available in Canada on the date listed in the top left corner of this page. Some menu items may not be available at all restaurants; test products, regional products, limited time offerings or promotional offerings, may not be included. We encourage anyone with food sensitivities, allergies or dietary concerns to check with us, after reviewing the information provided at ContactUs@edojapan.com to obtain the most up to date information or if you require more information or clarification.

Listing

Menu Items	Allergens and Ingredients	Peanut	***Tree Nuts	Sesame Seeds and Derivative	Milk and Milk By-Products	Eggs and Egg Products	Seafood Shellfish	Soy	Wheat / Gluten	Sulphites	**Natural Free Glutamates	MSG (added as an ingredient)
Beef & Shrimp	Allergens	N*	N	N*	Y	N*	Y	Y	Y	Y	Y	N
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites) , Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Beef Yakisoba	Allergens	N*	N	N*	Y	Y	N*	Y	Y	Y	Y	N
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Yakisoba Noodles, Water.										
Chicken & Beef	Allergens	N*	N	N*	Y	N*	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Chicken & Shrimp	Allergens	N*	N	N*	Y	N*	Y	Y	Y	Y	Y	N
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Butter, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Chicken Yakisoba	Allergens	N*	N	N*	N*	Y	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Yakisoba Noodles, Water.										
Curry Chicken Bowl	Allergens	N*	N*	N*	Y	N*	N*	Y	Y	N*	Y	N*
	Ingredients	Chicken, Carrot, Onion, Potato, Curry Paste, Ginger, Canola Oil, Soy Sauce, Garlic, Water.										

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Fresh Grilled Vegetables	Allergens	N*	N	N*	N*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Broccoli, Carrot, Cabbage, Soy Sauce, Teriyaki Sauce, Mushroom, Salt and Pepper, Rice, Water.										
Hawaiian Chicken	Allergens	N*	N	N*	N*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Pineapple, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Tropical Teriyaki	Allergens	N*	N	N*	Y	N*	Y	Y	Y	Y	Y	N
	Ingredients	Chicken, Shrimp, Green Seasoning, Soy Sauce, Teriyaki Sauce, Pineapple, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Salmon and Shrimp	Allergens	N*	N	N*	Y	Y	Y	Y	Y	Y	Y	N
	Ingredients	Salmon, Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Seasoning, Soy Sauce, Teriyaki Sauce, Shrimp, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water, Canola Oil.										
Sizzling Shrimp	Allergens	N*	N	N*	Y	N*	Y	Y	Y	Y	Y	N
	Ingredients	Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Sukiyaki Beef	Allergens	N*	N	N*	Y*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										
Teriyaki Chicken	Allergens	N*	N	N*	N*	N*	N	Y	Y	Y	Y	N
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water.										

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Bento Boxes include Teppanyaki Meal, 3 piece California Roll and 2 Pieces of Gyoza

Salmon and Shrimp Bento Box	Allergens	N*	N	Y (Gyoza)	Y	Y (C Roll)	Y	Y	Y	Y	Y	N*
	Ingredients	Salmon, Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water, Canola Oil. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Sizzling Shrimp Bento Box	Allergens	N*	N	Y (Gyoza)	Y	Y (C Roll)	Y	Y	Y	Y	Y	N*
	Ingredients	Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Chicken & Beef Bento Box	Allergens	N*	N	Y (Gyoza)	Y	Y (C Roll)	Y (C Roll)	Y	Y	Y	Y	N*
	Ingredients	Chicken, Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Chicken Yakisoba Bento Box	Allergens	N*	N	Y (Gyoza)	N*	Y	Y (C Roll)	Y	Y	Y	Y	N*
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Yakisoba Noodles, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Beef Yakisoba Bento Box	Allergens	N*	N	Y (Gyoza)	Y	Y	Y (C Roll)	Y	Y	Y	Y	N*
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Yakisoba Noodles, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Teriyaki Chicken Bento Box	Allergens	N*	N	Y (Gyoza)	N*	Y (C Roll)	Y (C Roll)	Y	Y	Y	Y	N*
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										
Sukiyaki Beef Bento Box	Allergens	N*	N	Y (Gyoza)	Y	Y (C Roll)	Y (C Roll)	Y	Y	Y	Y	N*
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce, Mushrooms, Broccoli, Cabbage, Carrot, Salt and Pepper, Rice, Water. Served with Gyoza and California Rolls - see "Side Order" section for allergen/ingredient information on these items.										

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Extras

Add 6 Shrimp	Allergens	N*	N	N*	Y	N*	Y	Y	Y	Y	Y	N
	Ingredients	Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Green Seasoning, Soy Sauce, Teriyaki Sauce.										
Double Beef	Allergens	N*	N	N*	Y	N*	N*	Y	Y	Y	Y	N
	Ingredients	Beef, Green Seasoning, Soy Sauce, Teriyaki Sauce.										
Double Chicken	Allergens	N*	N	N*	N*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Soy Sauce, Teriyaki Sauce.										
Tofu	Tofu is only available in select locations and is sourced by individual locations; please request ingredient information at restaurant.											

Soup

Shrimp Udon	Allergens	N	N	N*	Y	Y	Y	Y	Y	Y	Y	N
	Ingredients	Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Broccoli, Carrots, Mushrooms, Green Onions, Udon Noodles, Udon Soup Base, Water.										
Chicken Udon	Allergens	N	N	N*	N*	Y	Y	Y	Y	Y	Y	N
	Ingredients	Chicken, Broccoli, Carrots, Mushrooms, Green Onions, Udon Noodles, Udon Soup Base, Water.										
Beef Udon	Allergens	N	N	N*	Y	Y	Y	Y	Y	Y	Y	N
	Ingredients	Beef, Broccoli, Carrots, Mushrooms, Green Onions, Udon Noodles, Udon Soup Base, Water.										
Vegetable Udon	Allergens	N	N	N*	N*	Y	Y	Y	Y	Y	Y	N
	Ingredients	Broccoli, Carrots, Mushrooms, Green Onions, Udon Noodles, Udon Soup Base, Water.										

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Side Orders

Yakisoba Noodles	Allergens	N*	N	N	N	Y	N*	Y	Y	N	Y	N
	Ingredients	Yakisoba Noodles, Canola Oil, Soy Sauce, Teriyaki Sauce, Water.										
Rice	Allergens	N	N	N	N	N	N	N	N	N	N	N
	Ingredients	Rice, Water.										
Spring Roll (1)	Allergens	N*	N*	Y	N*	N	N*	Y	Y	Y	N*	N
	Ingredients	Filling: Cabbage, Soy Flour, Carrot, Salt, Sugar, Ground Sesame, Mushrooms, Spices, Vermicelli (Mung Bean Flour, Water), Granulated Garlic, Sesame Oil, Yeast Extract Mix (yeast extract, salt, flavor, maltodextrin). Wrapper: Water, Wheat Flour, Enriched Wheat Flour, Salt, Baking Powder, Canola Oil.										
Gyoza w/Sauce	Allergens	N*	N*	Y	N*	N	N*	Y	Y	Y	Y	N*
	Ingredients	Gyoza : Enriched wheat flour, ground beef, water, cabbage, sui choy, ground pork, onion, corn starch, garlic, miso paste (water, soy bean, rice, salt, alcohol), salt, sesame oil, sugar, ginger, soy sauce (water, wheat, soybeans, salt, sodium benzoate), green onion, canola oil, spices, yeast extract mix (yeast extract, salt, flavor, maltodextrin), mushroom extract powder (maltodextrin, dried mushroom extract). Gyoza Sauce : soy sauce, sesame oil, white vinegar, sesame seeds.										
Edamame with Sea Salt	Allergens	N*	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*
	Ingredients	Edamame (soy), sea salt.										
Edamame with sesame chili	Allergens	N*	N*	Y	N*	N*	N*	Y	N*	N*	N*	N*
	Ingredients	Edamame (soy), sesame oil, garlic, chili flakes, sea salt.										
Apple Caramel Spring Rolls (2)	Allergens	N	N	N*	Y	N	N*	N*	Y	Y	N	N
	Ingredients	Apple (salt, erythorbic or ascorbic acid, citric acid), water, wheat flour, brown sugar, enriched wheat flour, sugar, butter, modified corn starch, modified milk ingredient, salt, baking powder, spices, modified cellulose, canola oil. Sprinkled with sugar, cinnamon.										

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Nigiri Sushi												
Salmon	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Salmon, Rice, Sushi Vinegar. Served with Wasabi (mustard) and Sushi Ginger.										
Smoked Salmon	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Smoked Salmon (salt), Rice, Sushi Vinegar. Served with Wasabi (mustard) and Sushi Ginger.										
Ebi	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Ebi (Cooked Shrimp), Sushi Vinegar, Rice. Served with Wasabi (mustard) and Sushi Ginger.										
Tuna	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Tuna, Rice, Sushi Vinegar. Served with Wasabi and Sushi Ginger.										
Sashimi Sushi												
Salmon	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Salmon. Served with Wasabi (mustard) and Sushi Ginger.										
Tuna	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Tuna. Served with Wasabi (mustard) and Sushi Ginger.										

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Maki Sushi												
Avocado Roll (6)	Allergens	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Avocado, Rice, Sushi Vinegar, Nori. Served with Wasabi (mustard) and Sushi Ginger.										
California Roll (6)	Allergens	N*	N*	Y	N*	Y	Y	Y	Y	N*	Y	N*
	Ingredients	Crab Mixture, Light Mayonnaise (Mustard), Cucumber, Avocado, Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
Dynamite Roll (6)	Allergens	N*	N*	Y	N*	Y	Y	Y	Y	Y	N*	N*
	Ingredients	Tempura Shrimp, Avocado, Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
House Roll (8)	Allergens	N*	N*	Y	N*	Y	Y	Y	Y	N*	Y	N*
	Ingredients	Crab Mixture, Light Mayonnaise (Mustard), Sushi Grade Salmon, Sushi Grade Tuna, Shrimp (cooked), Masago, Avocado, Cucumber, Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
Kappa Roll (6)	Allergens	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Cucumber, Rice, Sushi Vinegar, Nori. Served with Wasabi (mustard) and Sushi Ginger.										
Salmon Roll (6)	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Salmon, Rice, Sushi Vinegar, Nori. Served with Wasabi and Sushi Ginger.										

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Shrimp Roll (6)	Allergens	N*	N*	Y	N*	N*	Y	N*	N*	Y	N*	N*
	Ingredients	Cooked Shrimp (Shrimp, water, salt, sodium phosphates - less than 0.5%, sulphites), Avocado, Cucumber, Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
Smoked Salmon Roll	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Smoked Salmon (salt), Rice, Sushi Vinegar, Nori. Served with Wasabi (mustard) and Sushi Ginger.										
Spicy Salmon Roll	Allergens	N*	N*	Y	N*	Y	Y	N*	N*	Y	N*	N*
	Ingredients	Sushi Grade Salmon (salt), Spicy Sauce (mustard), Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
Spicy Tuna Roll	Allergens	N*	N*	Y	N*	Y	Y	N*	N*	Y	N*	N*
	Ingredients	Sushi Grade Tuna, Spicy Sauce (mustard), Rice, Sushi Vinegar, Nori, Sesame Seeds. Served with Wasabi (mustard) and Sushi Ginger.										
Tuna Roll (6)	Allergens	N*	N*	N*	N*	N*	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Tuna, Rice, Sushi Vinegar, Nori, . Served with Wasabi and Sushi Ginger.										
Sukiyaki Beef Rolls	Allergens	N*	N*	Y	Y	N*	N*	Y	Y	Y	Y	N*
	Ingredients	Sukiyaki beef (beef, green seasoning, soy sauce, teriyaki sauce), rice, sushi vinegar, nori, sesame seeds, avocado, cucumber. Served with Wasabi (mustard) and Sushi Ginger.										
Spicy Beef Rolls	Allergens	N*	N*	Y	Y	Y	N*	Y	Y	Y	Y	N*
	Ingredients	Sukiyaki beef (beef, green seasoning, soy sauce, teriyaki sauce), rice, sushi vinegar, nori, sesame seeds, avocado, cucumber, spicy sauce (mustard).Served with Wasabi (mustard) and Sushi Ginger.										
Alaska Roll	Allergens	N*	N*	Y	Y	Y	Y	N*	N*	N*	N*	N*
	Ingredients	Sushi Grade Smoked salmon (salt), avocado, cream cheese, mayonnaise (mustard), rice, sushi vinegar, nori, sesame seeds. Served with wasabi (mustard) and sushi ginger.										

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Red Pepper Roll	Allergens	N*	N*	N*	N	N	N	N	N	N	N	N
	Ingredients	Red pepper, rice, sushi vinegar, nori. Served with wasabi (mustard) and sushi ginger.										
Veggie Roll	Allergens	N*	N*	Y	Y	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Cream cheese, cucumber, carrots, red pepper, rice, sushi vinegar, nori, sesame seeds. Served with wasabi (mustard) and sushi ginger.										
Chicken Roll	Allergens	N*	N*	Y	N	N	N	Y	Y	Y	Y	N*
	Ingredients	Teriyaki chicken, avocado, cucumber, red pepper, rice, sushi vinegar, nori, sesame seeds. Served with a side teriyaki sauce, wasabi (mustard) and sushi vinegar.										
Spicy Chicken Roll	Allergens	N*	N*	Y	N	Y	N	Y	Y	Y	Y	N*
	Ingredients	Teriyaki chicken, spicy mayo (mustard), avocado, cucumber, red pepper, rice, sushi vinegar, nori, sesame seeds. Served with a side teriyaki sauce, wasabi (mustard) and sushi giner.										
Kids Meals												
Beef with Rice	Allergens	N*	N	N*	Y	N*	N*	Y	Y	Y	Y	N
	Ingredients	Beef, Cabbage, Carrot, Broccoli, Mushrooms, Green Seasoning, Soy Sauce, Teriyaki Sauce, Rice.										
Chicken with Rice	Allergens	N*	N	N*	N*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Cabbage, Carrot, Broccoli, Mushrooms, Soy Sauce, Teriyaki Sauce, Rice										
Beef with Noodles	Allergens	N*	N	N*	Y	Y	N*	Y	Y	Y	Y	N
	Ingredients	Beef, Cabbage, Carrot, Broccoli, Mushrooms, Green Seasoning, Soy Sauce, Teriyaki Sauce, Yakisoba Noodles.										

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Listing

Menu Items	Allergens and Ingredients	Peanut	***Tree Nuts	Sesame Seeds and Derivative	Milk and Milk By-Products	Eggs and Egg Products	Seafood Shellfish	Soy	Wheat / Gluten	Sulphites	**Natural Free Glutamates	MSG (added as an ingredient)
Chicken with Noodles	Allergens	N*	N	N*	N*	Y	N*	Y	Y	Y	Y	N
	Ingredients	Chicken, Cabbage, Carrot, Broccoli, Mushrooms, Soy Sauce, Teriyaki Sauce, Yakisoba Noodles.										
Meal Recipe Ingredients												
Sushi Vinegar	Allergens	N	N	N	N	N	N	N	N	N	N	N
	Ingredients	High Fructose Corn Syrup, Distilled Vinegar and Rice Vinegar (diluted with water), Salt and Brown Sugar.										
Green Seasoning	Allergens	N	N	N	Y	N	N	Y	N	N	Y	N
	Ingredients	Ingredients may vary by market/location. Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Modified Milk Ingredients, Vegetable Monoglycerides, Soya Lecithin (Soy), Sodium Benzoate, Citric Acid, Color, Artificial Flavor, Vitamin A Palmitate, Vitamin D3), Canola Oil, Garlic, Parsley.										
Soy Sauce	Allergens	N*	N*	N*	N*	N*	N*	Y	Y	N*	Y	N
	Ingredients	Water, Wheat, Soybeans, Salt, Sodium Benzoate (less than 1/10th of 1%) as a preservative and brewing starter (Aspergillus Sojae).										
Teriyaki Sauce	Allergens	N*	N	N*	N*	N*	N*	Y	Y	Y	Y	N
	Ingredients	Proprietary Ingredients - Please email edo@edojapan.com for specific allergen/ingredient concerns.										
Yakisoba Noodle	Allergens	N	N	N	N	Y	N	N	Y	N	Y	N
	Ingredients	Ingredients may vary by market/location. Enriched Flour, Wheat Flour, Water, Egg White, Gluten, Salt, Potassium Carbonate, Sodium Bicarbonate.										

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Crab Mixture	Allergens	N	N	N	N*	Y	Y	Y	Y	N	Y	N
	Ingredients	Imitation Crab Meat (Fish Protein (Pollock and/or Pacific Whiting), Water, Wheat Starch, Potato Starch, Sugar, Tapioca Starch, Sorbitol, Egg Whites, Salt, Natural Crab Flavor (Soy), Potassium Chloride, Carrageenan, Snow Crabmeat, Sodium Phosphates, Carmine and Paprika Oleoresin for Color, Titanium Dioxide for Whiteness, Modified Corn Starch, Soy Lecithin, Hydrolyzed Soy Protein), Light Mayonnaise (Mustard).										
Canola Oil	Allergens	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Ingredients may vary by market/location. Canola Oil, Dimethylpolysiloxane (anti foaming agent)										
Udon Soup Base	Allergens	N	N	N	N*	Y	Y	Y	Y	Y	Y	N
	Ingredients	Salt, Soy Sauce Powder (Soybeans, Wheat, Salt), Sugar, Dextrose, Dried Smoked Bonito (Fish), Dehydrated Onion, Disodium Inosinate, Disodium Guanylate, Caramel Powder (Sulphites).										
Udon Noodles	Allergens	N	N	N	Y	N	N	N	Y	N	N	N
	Ingredients	Wheat Flour, Modified Tapioca Starch, Salt, Lactic Acid, Acetic Acid, Water										
Tempura Shrimp	Allergens	N	N	N	N	Y	Y	Y	Y	Y	N	N
	Ingredients	Shrimp, Water, Flour (Wheat), Starch (Corn, Potato), Salt, Sodium Phosphate, Sodium Bicarbonate, Dried Egg White, Colour (Anatto), Sulphiting Agents. Browned in Soya oil.										
Gyoza Sauce	Allergens	N*	N*	Y	N	N	N	Y	Y	N	Y	N
	Ingredients	Soy Sauce, Sesame Oil, White Vinegar, Sesame Seeds.										
Light Mayonnaise	Allergens	N	N	N*	N*	Y	N*	N*	N*	N*	N	N
	Ingredients	Ingredients may vary by market/locations. Water, Soybean Oil, Modified Corn Starch, Sugar, Vinegar, Salt, Frozen Egg White, Mustard Flour, Concentrated Lemon Juice, Xanthan Gum, Potassium Sorbate, Flavour, Colour, Calcium Disodium EDTA.										
Cream Cheese	Allergens	N*	N*	N*	Y	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Ingredients may vary by market/locations. Milk ingredients, salt, bacterial culture, carob bean gum, sorbic acid										

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Wasabi	Allergens	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Ingredients may vary by market/locations. Horseradish, Mustard, Citric Acid, Ascorbic Acid, Artificial Coloring (Tartrazine, Brilliant Blue FCF).										
Sushi Ginger	Allergens	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*	N*
	Ingredients	Ingredients may vary by market/locations. Ginger, Water, Salt, Citric Acid, Acetic Acid, Aspartame (contains Phenylalanine), Potassium Sorbate, Color.										
Chili Garlic Sauce	Allergens	N	N	N	N	N	N	N	N	Y	N	N
	Ingredients	Chili, Salt, Garlic, Distilled Vinegar, Potassium Sorbate and Sodium Bisulfite as preservatives, and Xanthan Gum										
Spicy Sauce	Allergens	N	N	N	N	Y	N	N	N	Y	N	N
	Ingredients	Mayonnaise (Water, Soybean Oil, Modified Corn Starch, Sugar, Vinegar, Salt, Frozen Egg White, Mustard Flour, Concentrated Lemon Juice, Xanthan Gum, Potassium Sorbate, Flavour, Colour, Calcium Disodium EDTA.), Chili Garlic Sauce (Chili, salt, garlic, distilled vinegar, potassium sorbate and sodium bisulfite as preservatives, and xanthan gum).										
Curry Paste (Curry Chicken)	Allergens	N*	N*	N*	Y	N*	N*	Y	Y	N*	Y	N*
	Ingredients	Vegetable Oil, (Palm Oil), Hydrogenated Vegetable Oil (Palm Oil, Palm Kernel Oil, Rapeseed Oil), Wheat Flour, Sugar, Salt, Curry Powder (Turmeric, Coriander, Cumin, Spices), Dextrin, Caramel Color, Onion Powder, Tomato Powder, Yeast Extract, Banana (Banana Puree, Banana Powder), Fermented Milk Powder (Maltodextrin, Skim Milk Powder, Glucose), Honey, Soy Sauce Powder, Mono and Diglycerides, Hydrolyzed Protein, Seasoning, Spices, Flavor, Raisin, Citric Acid, Lactic Acid.										
*Allergen indications note that products do not include allergens as ingredients in the total product/meal recipe. Recipes do include ingredients that have been prepared in facilities that have allergens present and/or have been produced on shared equipment with allergens.												
**Natural free glutamates are present in Soy Sauce, a regular ingredient in Edo Japan Meal Recipes. Please refer to the Health Canada Website for more information on Free Glutamates: http://www.hc-sc.gc.ca/fn-an/securit/addit/msg_qa-qr-eng.php												
*** Tree Nuts includes Almonds, Brazil Nuts, Cashews, Hazelnuts, Macadamia Nuts, Pecans, Pine Nuts, Pistachios, Walnuts.												